What is claimed:

1. A thermal alarm clock comprising:

an alarm clock controller electrically connected to an electrical power source;

said alarm clock controller providing at least one controlled electrical receptacle,

at least one heating device in electrical connection with said at least one electrical receptacle; and

wherein said alarm clock controller includes means to activate and deactivate said at least one heating device by switching electricity on and off to said at least one electrical receptacle.

2. The thermal alarm clock of claim 1, wherein said at least one heating device is a heating pad.

3. The thermal alarm clock of claim 2, wherein said heating pad further includes electrical switches to heat distinct portions of said heating pad.

4. The thermal alarm clock of claim 1, further comprising a heat level controller, said heat level controller being in electrical connection with said alarm clock controller and said at least one heating device, and wherein said heat level controller is adjustable to vary the flow of electricity to said at least one heating device when said alarm clock controller activates said at least one heating device.

5. The thermal alarm clock of claim 1, wherein said alarm clock controller includes means to manually activate said at least one heating device for a period of time.

6. The thermal alarm clock of claim 1, further comprising sensors to detect the presence of a user, and wherein said at least one heating device is deactivated when a user is not present.

7. The thermal alarm clock of claim 6, further comprising logic circuitry that monitors said sensors, said circuitry recording the time between the activation of said at least one heating device and the absence of a user to adjust the activation time of said at least one heating device based on the average time a user wakes after the activation of said at least one heating device.

8. A thermal alarm clock comprising:

an alarm clock controller;

a heat level controller in electrical connection with said alarm clock controller, said heat level controller providing at least one controlled electrical receptacle;

at least one heating device including a power cord insertable into said at least one electrical receptacle; and

wherein said alarm clock controller activates and deactivates said at least one heating device by switching electricity on and off to said at least one electrical receptacle located in said heat level controller.

9. The thermal alarm clock of claim 8, wherein said at least one heating device is a heating pad.

10. The thermal alarm clock of claim 9, wherein said heating pad further includes electrical switches to heat distinct portions of said heating pad.

11. The thermal alarm clock of claim 8, wherein said heat level controller includes means to variably adjust the flow of electricity to said at least one heating device when said alarm clock controller activates said at least one heating device.

12. The thermal alarm clock of claim 8, wherein said alarm clock controller includes means to manually activate said at least one heating device for a period of time.

13. The thermal alarm clock of claim 8, further comprising sensors to detect the presence of a user, and wherein said at least one heating device is deactivated when said user is not present.

14. The thermal alarm clock of claim 13, further comprising logic circuitry that monitors said sensors, said circuitry recording the time between the activation of said at least one heating device and the absence of a user and to adjust the activation time of said at least one heating device based on the average time a user wakes after the activation of said at least one heating device.